

ACTIVITY REPORT

Title of Activity: *Alumni Talk Series*

Organized by: Shri Dhanwantry Ayurvedic College & Hospital

Venue: College Auditorium

The **Alumni Talk Series** at Shri Dhanwantry Ayurvedic College & Hospital was organized to provide valuable insights and knowledge to the BAMS students, faculty, and interns. This initiative was designed to help students learn from the experiences of successful alumni who have ventured into different areas of Ayurvedic practice and research.

Objectives of the Activity

- To connect current students with successful alumni.
- To provide insights into various professional paths in Ayurveda.
- To enhance clinical and academic skills through shared experiences.

1. Dr. Janardan Mishra

Topic: *Scope of Panchakarma and Career after BAMS*

Date: 07/11/2024 – 11:00 AM

Summary:

Dr. Mishra discussed the versatility of Panchakarma in managing chronic ailments. He showcased his journey from a BAMS student to a clinic owner and guided on fellowship options, patient handling, and building trust.

Key Takeaways:

- Panchakarma has vast clinical and wellness applications.
- Students must develop hands-on skills early.
- Soft skills and discipline matter in private practice.

2. Dr. Isha Malik

Topic: *Scope of Dravya Guna*

Date: 14/11/2024 – 11:00 AM

Summary:

Dr. Isha focused on how Dravya Guna forms the base of Ayurvedic pharmacology and formulary preparation. She motivated students to participate in herbal gardens, conduct mini-research, and work towards herbal patents.

Key Takeaways:

- Knowing your herbs empowers confident prescribing.
- Local herbs = cost-effective, accessible care.

- Internships in pharma/plant research are rewarding.
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3. Dr. Madhav Sharma

Topic: *Scope of Roga Nidana*

Date: 20/11/2024 – 10:00 AM

Summary:

Dr. Sharma explained the integration of Roga Nidana with modern diagnostics. He demonstrated prakriti assessment, dosha-vikara linkage, and diagnostic red flags to be observed during nadi/pariksha.

Key Takeaways:

- Strong diagnostic skills build treatment accuracy.
 - Modern tools complement Ayurvedic diagnosis.
 - Roga Nidana is a core of clinical decision-making.
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4. Dr. Shivani Sharda

Topic: *Scope of Prasuti Tantra and Stree Roga*

Date: 25/11/2024 – 11:00 AM

Summary:

Dr. Shivani discussed Ayurvedic approaches to women's health, emphasizing lifestyle interventions, herbal formulations, and marma chikitsa. She encouraged female practitioners to venture into reproductive and hormonal care.

Key Takeaways:

- Stree Roga needs more Ayurveda-focused solutions.
- Patient counseling boosts therapy acceptance.
- Female gynecology specialists are in demand.

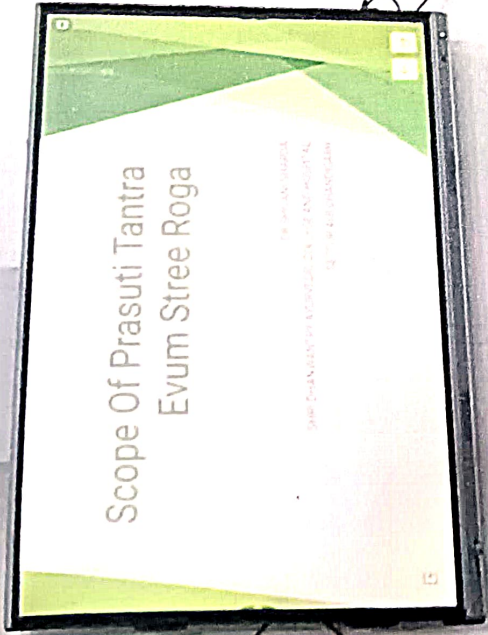
Key Highlights:

1. **Interactive Q&A Sessions:** Students were given the opportunity to interact directly with the alumni and ask questions about career options, clinical practices, and challenges faced in their professional journeys.
2. **Diverse Range of Topics:** The topics presented were diverse, including clinical specialties like **Panchakarma**, **Dravya Guna**, and **Stree Roga**, as well as career guidance for BAMS graduates.
3. **Career Insights:** Alumni shared their experiences of establishing their own clinics and pursuing advanced Ayurvedic studies, providing students with a clearer understanding of the scope of opportunities after completing their BAMS degree.

Conclusion:

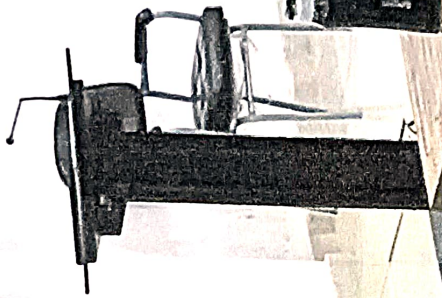
The **Alumni Talk Series** was a huge success, offering an enriching learning experience for students and faculty alike. These sessions not only provided valuable academic knowledge but also inspired

students to explore various specializations in Ayurveda. We look forward to continuing this series and organizing similar events in the future to support the academic and professional growth of our students.



Scope Of Prasuti Tantra
Evum Stree Roga

Dr. Anshu Khandelwal
Senior Lecturer, Department of Panchikarma
Shri Dhanwantry Ayurvedic College and Hospital Sector 46-B
Chandigarh



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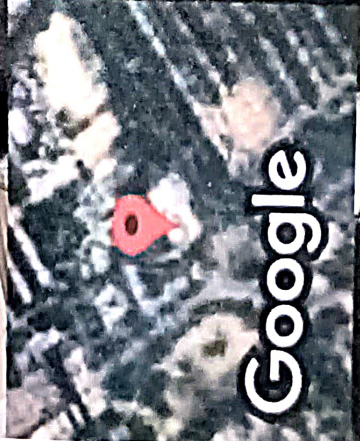
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Shri Dhanwantry Ayurvedic College and Hospital Sector 46-B

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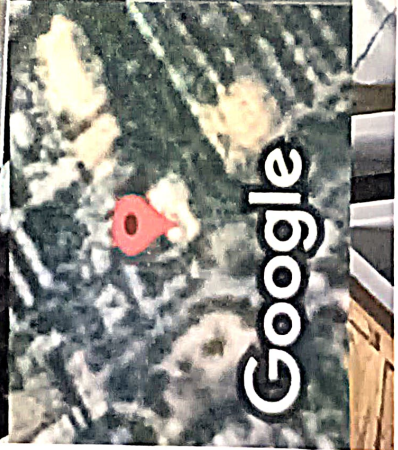
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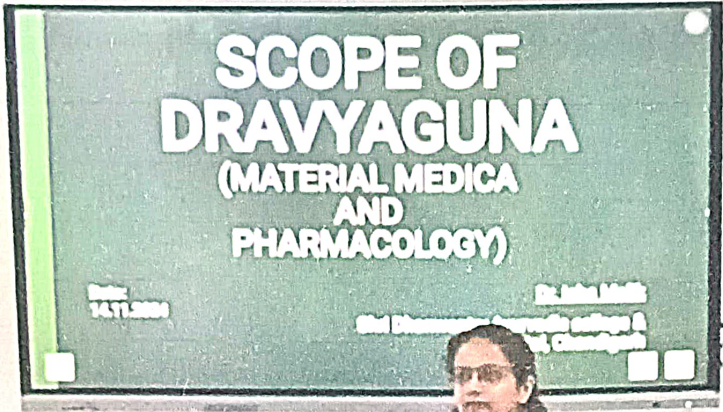
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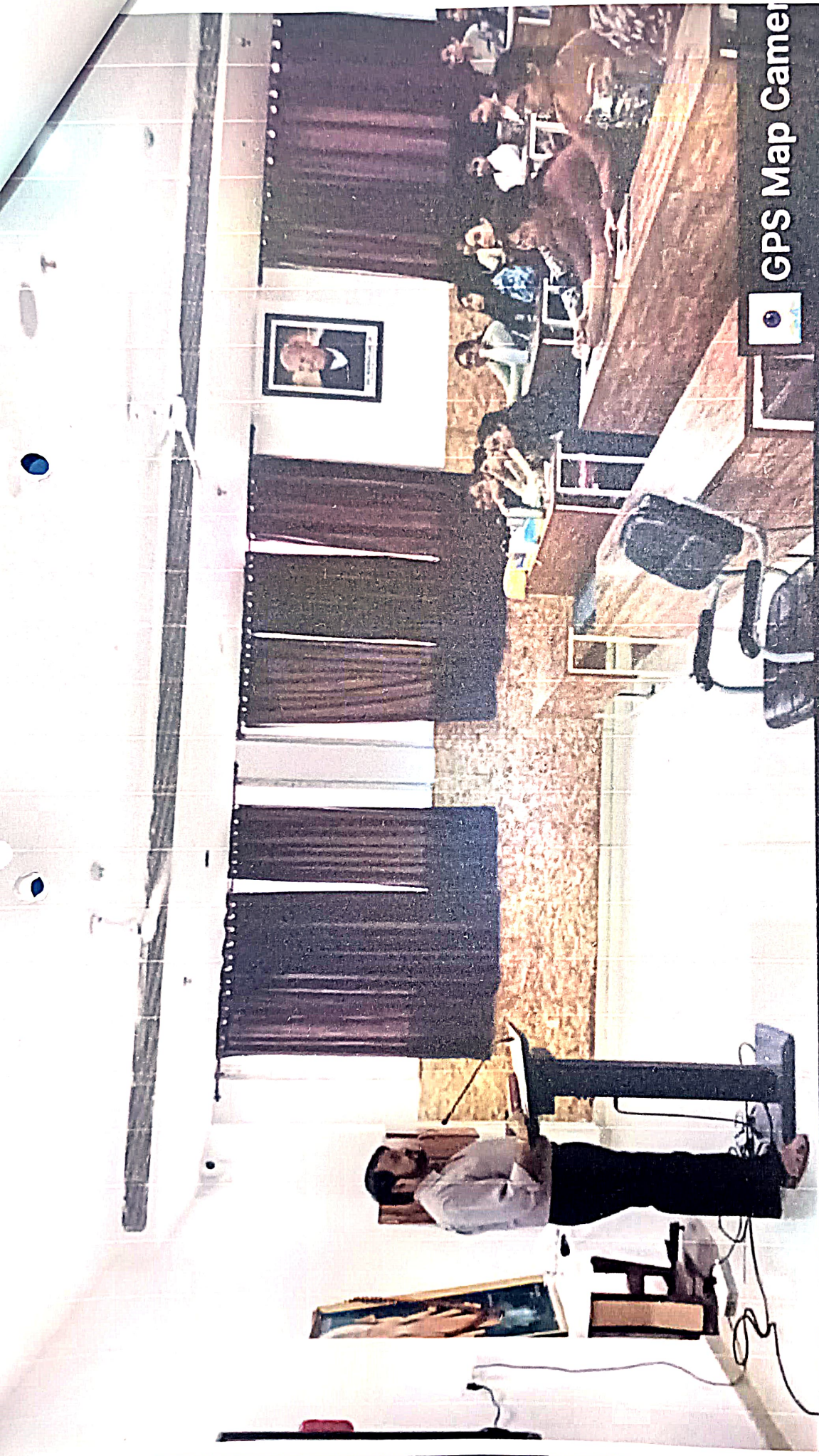
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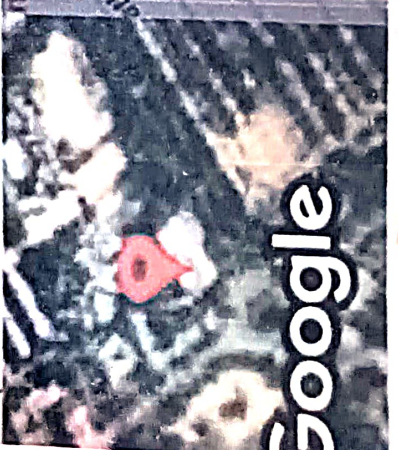
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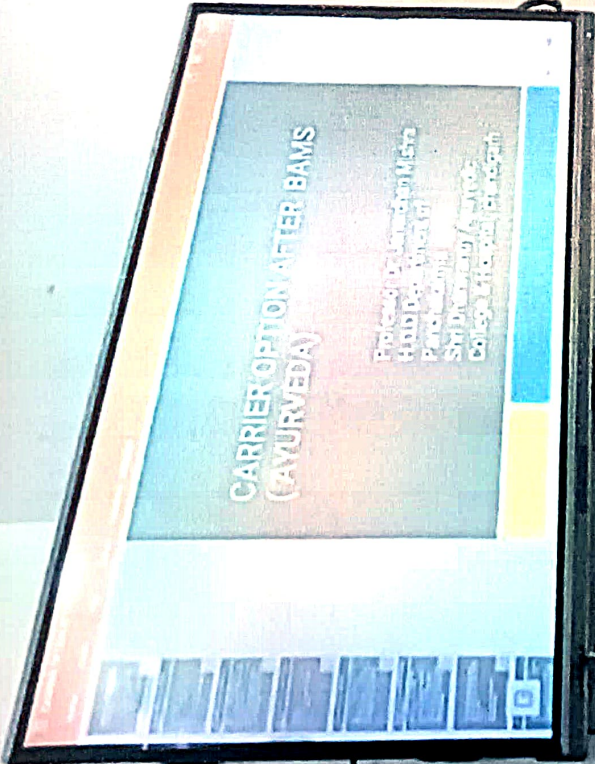
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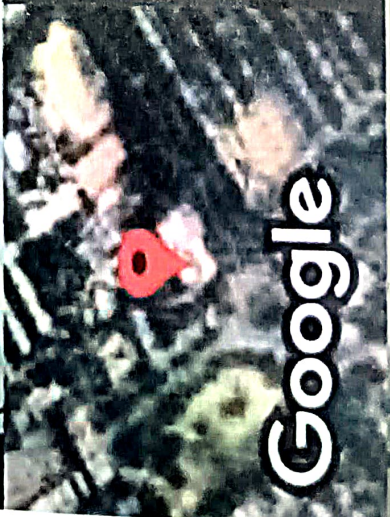
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SHRI DHANWANTRY AYURVEDIC COLLEGE & HOSPITAL

Run by : SHRI DHANWANTRY EDUCATIONAL SOCIETY (REGD.)

SECTOR 46-B, CHANDIGARH

College : 0172-2631021, 5046200 Hospital : 0172-5046000, 7710778822

E-mail : dhanwantry@rediffmail.com | Info@sdac.ac.in

Visit us : www.sdach.ac.in



Affiliated with Shri Krishna Ayush University Kurukshetra (Hry.)

No.SDACH/2024/ 1914

Date:18/11/2024

To,
Dr. Shivani Sharda
Shri Dhanwantry Ayurvedic College and Hospital, Chandigarh

Subject: Invitation to Deliver Alumni Talk on "Scope of Prasuti Tantra and Stree Roga"

Dear Dr. Shivani Sharda,

Greetings from Shri Dhanwantry Ayurvedic College and Hospital, Chandigarh!
We are pleased to invite you to deliver a talk as part of our Alumni Talk Series on the topic "Scope of Prasuti Tantra and Stree Roga " Your extensive will provide our students with invaluable knowledge and practical guidance.

Details of the Event:

Date: 25th November 2024

Time: 11 AM onwards


Venue: Shri Dhanwantry Ayurvedic College and Hospital

We believe your session will significantly benefit our students by providing them with practical insights and expertise required to establish and operate clinical laboratories. Your participation will undoubtedly make the event a remarkable success.

Please let us know your availability at your earliest convenience. Should you have any specific requirements or need any assistance, please feel free to contact us.

Thank you, and we look forward to your positive response.

Warm Regards


Principal

Principal
Shri Dhanwantry Ayurvedic College
& Hospital, Sec. 46-B, Chandigarh

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No.SDACH/2024/ 1868

Date:13/11/2024

To,
Dr. Madhav Sharma
Shri Dhanwantry Ayurvedic College and Hospital,CHD

Subject: Invitation to Deliver Alumni Talk on "Scope of Roga Nidana"

Dear Dr. Sharma,

Greetings from Shri Dhanwantry Ayurvedic College and Hospital, Chandigarh!
We are pleased to invite you to deliver a talk as part of our Alumni Talk Series on the topic "Scope of Roga Nidana" Your extensive will provide our students with invaluable knowledge and practical guidance.

Details of the Event:

Date: 20th November 2024

Time: 10 AM onwards

Venue: Shri Dhanwantry Ayurvedic College and Hospital

We believe your session will significantly benefit our students by providing them with practical insights and expertise required to establish and operate clinical laboratories. Your participation will undoubtedly make the event a remarkable success.

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No.SDACH/2024/1807

Date:07/11/2024

To,
Dr. Isha Malik
Shri Dhanwantry Ayurvedic College and Hospital, Chandigarh

Subject: Invitation to Deliver Alumni Talk on "Scope of Dravya Guna"

Dear Dr. Malik,

Greetings from Shri Dhanwantry Ayurvedic College and Hospital, Chandigarh!
We are pleased to invite you to deliver a talk as part of our Alumni Talk Series on the topic "Scope of Dravya Guna " Your extensive will provide our students with invaluable knowledge and practical guidance.

Details of the Event:

Date: 14th November 2024

Time: 11 AM onwards

Venue: Shri Dhanwantry Ayurvedic College and Hospital

We believe your session will significantly benefit our students by providing them with practical insights and expertise required to establish and operate clinical laboratories. Your participation will undoubtedly make the event a remarkable success.

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Warm Regards

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Shri Dhanwantry Ayurvedic College
, Sec. 46-B, Chandigarh

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No.SDACH/2024/ 1774

Date: 01/11/2024

To,
Dr. Janardan Mishra
Shri Dhanwantry Ayurvedic College and Hospital, Chandigarh

Subject: Invitation to Deliver Alumni Talk on "Career after BAMS"

Dear Dr. Mishra,

Greetings from Shri Dhanwantry Ayurvedic College and Hospital, Chandigarh!
We are pleased to invite you to deliver a talk as part of our Alumni Talk Series on the topic

" Career after BAMS " Your extensive will provide our students with invaluable knowledge and practical guidance.

Details of the Event:

Date: 7th November 2024

Time: 11 AM onwards

Venue: Shri Dhanwantry Ayurvedic College and Hospital

We believe your session will significantly benefit our students by providing them with practical insights and expertise required to establish and operate clinical laboratories. Your participation will undoubtedly make the event a remarkable success.

Please let us know your availability at your earliest convenience. Should you have any specific requirements or need any assistance, please feel free to contact us.
Thank you, and we look forward to your positive response.

Warm Regards

Principal

Principal
Shri Dhanwantry Ayurvedic College
& Hospital, Sec. 46-B, Chandigarh

SHRI DHANWANTRY AYURVEDIC COLLEGE & HOSPITAL



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No.SDACH/2024/1773

Date: Dt. 1.11.2024

CIRCULAR

Subject: Notification of Upcoming Alumni Talk Series

We are pleased to announce an upcoming Alumni Talk Series featuring distinguished alumni of Shri Dhanwantry Ayurvedic College and Hospital. This series aims to provide valuable insights and knowledge to our BAMS students of first prof. The details of the talks are as follows:

1. Dr. Janardan Mishra

Topic: Scope of Panchakarma and Career after BAMS

Date: 7th November 2024

Time: 11 AM

Venue: Shri Dhanwantry Ayurvedic College and Hospital

2. Dr. Isha Malik

Topic: Scope of Dravya Guna

Date: 14th November 2024

Time: 11 AM

Venue: Shri Dhanwantry Ayurvedic College and Hospital

3. Dr. Madhav Sharma

Topic: Scope of Roga Nidana

Date: 20th November 2024

Time: 10 AM

Venue: Shri Dhanwantry Ayurvedic College and Hospital

4. Dr. Shivani Sharda

Topic: Scope of Prasuti Tantra and Stree Roga

Date: 25th November 2024

Time: 11 AM

Venue: Shri Dhanwantry Ayurvedic College and Hospital

All BAMS students of first prof. are encouraged to attend these insightful sessions. The talks will provide an excellent opportunity to learn from the experiences and expertise of our esteemed alumni, offering practical knowledge that can be applied in both academic and clinical settings.

We look forward to your active participation in making these events a great success


Principal

Principal
Shri Dhanwantry Ayurvedic College
& Hospital, Sec. 46-B, Chandigarh