

PROGRESS REPORT
(APRIL 2025–MARCH 2026)

**Centre of Excellence for Care & Ayurvedic
Management of Chronic Spine Disorder Patients**

(CoE Component of AYURSWASTHYA YOJANA)

Submitted
to
Ministry of AYUSH
Government of India



Shri Dhanwantry Ayurvedic College & Hospital
Sector 46-B, Chandigarh

April 2026

AYURSWASTHYA YOJANA
PROGRESS REPORT (April 2025–March 2026)

1. **Title & Project number:** Centre of Excellence for Care and Ayurvedic management of Chronic Spine Disorder Patients (S-12011/6/2021-SCHEME)
2. **Name of the Institution:** Shri Dhanwantry Ayurvedic College & Hospital, Sector 46-B, Chandigarh. Email: coe@sdach.ac.in, info@sdach.ac.in
3. **Names of Principal Investigator and Co-PIs:**

Principal Investigator: Dr. Sumit Srivastava, Professor and Principal, Shri Dhanwantry Ayurvedic College and Hospital, Sector 46 B, Chandigarh

Co- Principal Investigator: 1. Dr. Pragati Ashok Katariya, Professor and Head of Department of Kayachikitsa, Shri Dhanwantry Ayurvedic College and Hospital, Sector 46 B, Chandigarh

2. Dr. Kanika Aggarwal, Professor, Department of Panchakarma, Shri Dhanwantry Ayurvedic College and Hospital, Sector 46 B, Chandigarh

Subject Experts:

1. Dr. Shiksha Kumari, Associate Professor, Department of Kaumarbhritya, Shri Dhanwantry Ayurvedic College and Hospital, Sector 46 B, Chandigarh
2. Dr. Nidhin MM. Associate Professor, Department of Rasa Shastra evum Bhaishajya Kalpana, Shri Dhanwantry Ayurvedic College and Hospital, Sector 46 B, Chandigarh
3. Dr. Ashathjyothi P.S. Assistant Professor, Department of Kayachikitsa, Shri Dhanwantry Ayurvedic College and Hospital, Sector 46 B, Chandigarh
4. Dr. Preeti, Assistant Professor, Department of Roga Nidana evum vikriti vigyana, Shri Dhanwantry Ayurvedic College and Hospital, Sector 46 B, Chandigarh

4. **Date of commencement of the project:** 06.05.2025

5. **Area of activity:** Phytochemistry, Pharmacology, Pre- clinical & Clinical Research

6. Total Amount of sanction along with period (years)

Amount sanctioned -Year wise (lakhs)			Total (lakhs)
2025-26	2026-27	2027-28	
397.89382	392.58018	196.57144	987.04544

7. Amount of 1st instalment & date received:

First instalment of grant-in-aid of **Rs.3,97,89,382** /- was received as per S-12011/I/2023-Scheme dated 06.05.2025

(Copies of Statement of Expenditure and Utilization Certificate GFR 12-A duly checked and verified by Chartered Accountant for first year (2025-26) is attached including component wise utilisation of grant as Appendix I)

8. Period of report: April 2025–March 2026

8. Details of work done: ANNEXURES I to XI

9. Assets acquired during the period (under report): as per fixed asset register

10. Details of Human resource under the Project: 3

Senior Research Fellows (2): 1. Dr. Shubham Thakur,

2. Dr. Pegam Bansal

Technical Assistant (1): 1. Mr. Harvinder Singh

Signature of Principal Investigator:- Dr. Sumit Srivastava

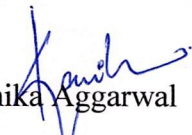

Principal

Signature of Co-Principal Investigator

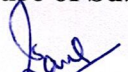


Dr. Pragati Ashok Katariya

Shri Dhanwantry Ayurvedic College
& Hospital, Sec. 46-B, Chandigarh

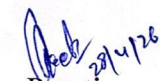

Dr. Kanika Aggarwal

Signature of Subject Experts


Dr. Shiksha Kumari


Dr. Nidhin MM


Dr. Arshathjyothi P.S


Dr. Preeti

**DETAILS OF WORK DONE WITH STATISTICAL PARAMETERS
DELIVERABLES Vs ACHIEVEMENTS**

Sl. No	Budget Component	Deliverables	Achievements
1.	Construction and Renovation	Construction of New Hospital Block (Construction of basement and ground floor including diagnostics and OPD area)	Details of construction completed are attached as Annexure I
2.	Equipment	Procurements of Equipment	List of material procured is attached as Annexure II
3.	Furniture / Fixture	Procurements of Furniture	List of material procured is attached as Annexure III
4.	Conference / Workshop	Conference & Workshop	One conference and one workshop is done (Annexure IV)
5.	SOP / Monograph / IEC Activity	Preparation Of SOP's for SDACH Formulations	SOP's for the four Dhanwantry Pain Relief formulations is prepared
		Monograph	Two Monographs are Under review for publication
		IEC Material Developed	IEC materials for Awareness regarding spinal disorders and Preventive measures of spinal disorders are prepared (Annexure V)
6.	Publication	Articles	Two Articles are Under review
7.	Consumables	Authentication of Raw drugs	Authentication of raw drugs for four Dhanwantry Pain relief formulation is done (Annexure VI)

		Analytical Study of Raw drugs	Analytical Study of Raw drugs is completed (Annexure VII)
		Drug Development	Drug Development is Successfully Done
		Analytical Study of Four Dhanwantry Pain Relief Formulations	Analytical Study of Raw drugs, Dhanwantry Pain Relief Oil, Dhanwantry Pain Relief Liniment, Dhanwantry Pain Relief Transdermal Patch and Dhanwantry Pain Relief Aerosol Spray are done (Annexure VIII)
		Toxicity Study	Acute toxicity studies are done and Chronic Studies are in progress (Annexure IX)
8.		Patient data management software	Patient's Data management software is developed and is in use in Shree Dhanwantry Ayurvedic Hospital's Special OPD for spine patients
9.		Implementation of already developed SDACH SOP	Registration for Spine Patient is free, along with the X-ray for all Spine disorder patients (Annexure X)
10.		Camps	Details of five camps been attached as Annexure XI