

NABH-COMPLIANT SOP FOR PHARMACO-THERAPEUTIC COMMITTEE

**Shri Dhanwantry Ayurvedic College & Hospital
Sec 46B, Chandigarh**

1. Purpose

To establish a Pharmacotherapeutic Committee (PTC) to ensure safe, rational, effective, and economical use of Ayurvedic medicines and formulations in the hospital as per NABH standards for AYUSH hospitals.

2. Scope

This SOP applies to:

- All clinical departments
- Ayurvedic pharmacy
- Panchakarma unit
- Dispensary
- Hospital administration

It covers the selection, procurement, prescribing, dispensing, and monitoring of medicines.

3. Definition

Pharmacotherapeutic Committee (PTC):

A multidisciplinary committee responsible for developing drug policies, monitoring drug usage, ensuring medication safety, and promoting rational drug therapy within the hospital.

4. Composition of Pharmacotherapeutic Committee

Designation	Name
Chairperson	Dr Sanuj Murlidharan
Coordinator	Dr Nidhin MM
Member	Dr Ravinder Kaur
Member	Dr Oorvi K
Member	Dr Mukta Bawa
Member	Dr Arun Kaushal
Member	Dr Avtar Singh Chauhan
Member	Dr Monika
Member	Ms. Preeto

5. Roles and Responsibilities

Chairperson

- Conduct and supervise PTC meetings
- Approve policies and recommendations
- Ensure implementation in hospital

Member Secretary / Coordinator

- Organize meetings
- Prepare agenda and minutes
- Maintain records and documentation

Members

- Participate in decision making
- Review drug usage and safety issues
- Implement policies in respective departments

6. Meeting Frequency

- Meetings should be conducted once every 3 months.
- Emergency meetings may be called when required.
- Quorum: Minimum 50% of members must be present.
- Minutes should be documented and circulated within 7 days.

7. Functions of Pharmacotherapeutic Committee

1. Hospital Drug Formulary Management

- Develop and update Ayurvedic Hospital Drug Formulary
- Approve classical formulations such as:
 - *Kashaya*
 - *Churna*
 - *Vati / Gutika*
 - *Taila*
 - *Ghrita*
 - *Asava / Arishta*

2. Drug Selection and Procurement

- Ensure procurement of standard quality Ayurvedic medicines
- Verify GMP-certified suppliers

3. Rational Drug Use

- Monitor prescription patterns
- Prevent irrational polypharmacy

4. Panchakarma Drug Safety

- Monitor medicines used in Panchakarma therapies
- Ensure proper storage of Taila, Ghrita, and Kwatha

5. Antibiotic and Emergency Drug Policy

- Monitor use of modern emergency medicines if applicable.

6. Drug Storage and Inventory

- Ensure proper storage conditions:
 - Temperature
 - Humidity
 - Expiry monitoring

7. Staff Training

- Conduct training on:
 - Rational Ayurvedic drug use
 - Drug safety
 - ADR reporting

8. Documentation

The following records must be maintained:

- PTC Meeting Agenda
- Attendance Sheet
- Minutes of Meeting
- Hospital Drug Formulary
- Drug Utilization Reports

All records should be preserved minimum 3–5 years as per NABH guidelines.

9. Key Performance Indicators (KPI)

- Percentage of formulary drug compliance
- Percentage of rational prescriptions
- Number of training sessions conducted

10. Monitoring and Audit

- Internal audit to be conducted every 6 months.
- Findings should be reviewed in PTC meeting.
- Corrective actions should be documented.

11. Review of SOP

This SOP should be reviewed annually or whenever:

- NABH guidelines change
- Hospital policies change
- New drug safety issues arise.

SHRI DHANWANTRY AYURVEDIC COLLEGE & HOSPITAL

Sector 46-B, Chandigarh

List of Institutional Committees w.e.f. 27/02/2026

Pharmaco-Therapeutic		
Sr. No.	Designation	Name
1	Chairperson	Dr. Sanuj Murlidharan
2	Coordinator	Dr. Nidhin MM
3	Member	Dr. Ravinder Kaur
4	Member	Dr. Oorvi K
5	Member	Dr. Mukta Bawa
6	Member	Dr. Arun Kaushal
7	Member	Dr. Avtar S Chauhan (P.O.C.)
8	Member	Dr. Monika
9	Member	Ms. Preeto
Prevention of Sexual Harassment Committee (POSH)		
Sr. No.	Designation	Name
1	Presiding Officer	Dr. Pragati Ashok Katariya (P.O.C.)
2	Member	Dr. Ranjan Kumar Jha
3	Member	Dr. Amrit Malik
4	Member	Dr. Indu Kumari
5	Member	Dr. Surbhi Raina
6	Member	Dr. Priyanka Chaudhary
7	Member	Mr. Yogesh Sharma
8	External Member	Mrs. Nidhi Gupta (Member from NGO)
Human Resource Development Committee		
Sr. No.	Designation	Name
1	Chairperson	Pandit Sudarshan Shastri
2	Coordinator	Mr. Yogesh Sharma (P.O.C.)
3	Members	Dr Harpreet
4	Members	Dr. Janardhan Mishra
5	Members	Dr. Pragati A Katariya
6	Members	Mrs. Kanika Mehta
7	Members	Mr. Ashish Goyal
Research Innovation and Entrepreneurship Development Cell		
Sr. No.	Designation	Name
1	Chairperson (Head of Institute)	Dr. Sumit Srivastav
2	Co- Chairperson	Dr. Neerja R
3	Coordinator	Dr. Richa Mohan
4	Co-Coordinator	Dr. Rijin Mohan(P.O.C.)
5	Members	Dr. Harpreet
6	Members	Dr. Vikas Bhardwaj
7	Members	Dr. Sanuj Muralidharan
8	Members	Dr. Pragati A Katariya
9	Members	Dr. Abhiram Suri
10	Members	Dr. Sapna kaushish
11	Student Representative Batch 2021 Boy	Mr. Karan Kishor
12	Student Representative Batch 2021 Girl	Miss Isha Sharma
13	Student Representative Batch 2022 Boy	Mr. Shivank
14	Student Representative Batch 2022 Girl	Miss Divya
15	Student Representative Batch 2023 Boy	Mr. Rishi