

Prevention of Sexual Harassment Committee (POSH Committee)

Internal Complaint Committee (Under POSH Act)

under the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 (POSH Act)

Meeting By: Prevention of Sexual Harassment (POSH) Committee

Date: 03/05/2025

Time: 12.30 pm

Venue: Conference Room, SDACH

1. Meeting Agenda

- Recap of POSH committee activities
- Selection Process of Gender Champions
- Feedback on past awareness initiatives.
- Planning of Focussed Group Discussion

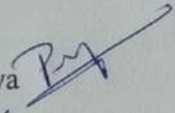
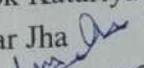
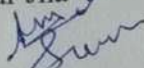
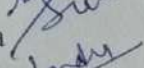
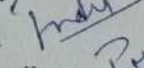
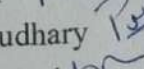
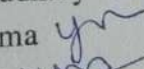
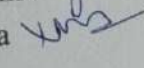
2. Topics Discussed-

- No complaint of Sexual harassment is registered so far.
- Focussed group discussion will be arranged as a part of awareness programme on the topic-

“Breaking the silence: Speak up against harassment”.

- Applications will be invited for current year gender champions

3. Members Present

1. Dr Pragarti Ashok Katariya 
2. Dr Ranjan Kumar Jha 
3. Dr. Amrit Malik 
4. Dr. Surbhi Raina 
5. Dr. Indu Kumari 
6. Dr Priyanka Chaudhary 
7. Mr Yogesh Sharma 
8. Mrs. Nidhi Gupta 

ACTIVITY REPORT ON ANTI SEXUAL HARASSMENT AWARENESS PROGRAMME CELEBRATED BY PREVENTION OF SEXUAL HARASSMENT COMMITTEE

Sexual harassment, in any form, is a serious issue that can affect individuals' dignity, well-being, and productivity. Today, we aim to raise awareness about what constitutes sexual harassment, the legal frameworks in place—such as the POSH Act (Prevention of Sexual Harassment at the Workplace)—and most importantly, how each of us can contribute to building a culture of respect and accountability.

Through this session, we can explore real-world scenarios, reporting mechanisms, support systems, and the vital role of bystanders and leadership in prevention and response. To raise awareness and remove the stigma Prevention of sexual harassment committee of Shri Dhanwantry Ayurvedic College and hospital Chandigarh had celebrated Prevention of Sexual Harassment awareness programme on 23/05/2025.

Focussed Group Discussion was held among the students for one hour. A group discussion was held to promote creative thinking on Prevention of Sexual Harassment awareness. For this purpose, 4 groups were formed, and each group was assigned a specific aspect to work on spreading awareness.

Group 1: Focus on central thoughts of Prevention of sexual harassment activity. This group worked on identifying and explaining the central idea of the topic. They discussed its importance, relevance and how it can be effectively communicated.

Group 2: Focus on Causes of sexual harassment. The second group analysed the causes related to the topic. They highlighted the root problems and factors that contribute to the issue, aiming to understand it deeply.

Group 3: Cultural Activity Idea. This group proposed incorporating a cultural activity to raise awareness and engage people creatively. Their idea aimed to combine education with entertainment to make the message more impactful.

Group 4: Rally Suggestion. The fourth group suggested organizing a rally. They emphasized how a public march or awareness rally could help spread the message widely and encourage community participation.

Conclusion - Each group contributed significantly by working on different aspects of the topic. Their combined efforts reflected teamwork, critical analysis, and creativity. The discussion was successful in generating practical and engaging ideas to address the issue effectively.

This event was anchored by Prerna batch 2022. Dr Pragati Kataria, Dr Vinod Barwal, Dr Kushal Sankhyani and All the students, 2022 batch were present during this activity.



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